

Level 1 Award in Preparing to work in Adult Social Care

This qualification is a 12-week course, 4 hours per week (or 3 hours per week if completing online). We also offer a Rapid Course which can be completed in 11 sessions, over 3 weeks

Upon completion attendees will achieve the City and Guilds Level 1 Award in Preparing to Work in Adult Social Care.

Units include:

Mandatory Units:

- Introduction to the adult social care sector.
- Introduction to the values and principles of adult social care.
- Awareness of communication in adult social care.
- Awareness of the skills and attitudes to work in adult social care.
- Awareness of the role and responsibilities of an adult social care worker.



Furthermore, in addition to the City and Guilds qualification, the participants will gain the theory element of the 15 Care Certificate standards which include:

- Understand your role
- Your personal development
- Duty of care
- Equality and Diversity
- Work in a person-centred way
- Communication
- Privacy and dignity
- Fluids and nutrition
- Awareness of mental health, dementia and learning disabilities
- Safeguarding adults
- Safeguarding children
- Basic life support
- Health and safety
- Handling information
- Infection, prevention, and control

We offer Employability sessions in the course, where we help with creating your CV, applying for jobs, and preparing for interviews.
We also pay for childcare, travel and adult care to help you train with us!

To apply or find out more please call the
Academy on (Freephone) 0800 310 1160

www.healthandcareacademy.co.uk